

I understand that our child(ren) will be engaged in actual playing of the sport of football, and as with any sport, accident and injury can occur. I agree on my behalf and on the behalf of my child(ren) not to hold Mark Schmidt or any of the other instructors responsible or liable for any occurrence involving the child(ren) while attending this program. I agree to release and discharge these instructors from any claim, demand or damages from any actions and causes of action arising out of any occurrence while at the camp. I have insurance coverage which I feel is adequate. I understand clearly that the organizers of this program do not carry medical insurance.

Signature of Parent/Guardian:

Date: _____

Emergency Contact Name & Phone #:

DAILY SCHEDULE
(SCHEDULE SUBJECT TO CHANGE)

8:00 AM---STRETCH
8:20 AM---OFFENSIVE DRILLS
9:20 AM---WATER BREAK
9:30 AM---DEFENSIVE DRILLS
10:30 AM---WATER BREAK
10:40 AM---TEAM PRACTICES
11:00 AM---"REDSKIN BALL"
12:00 PM---DISMISSAL

*INSTRUCTION OF OFFENSIVE AND
DEFENSIVE SKILLS

*PLAYERS WILL BE DIVIDED INTO TEAMS
TO PLAY "REDSKIN BALL"

*INSTRUCTION OF INDIVIDUAL DRILLS

*INSTRUCTION OF GROUP AND TEAM
DRILLS

*LEARN NESHAMINY FOOTBALL
TERMINOLOGY AND PRACTICE
ORGANIZATION

*GRADES 7 THROUGH 10 WILL GET
WEIGHT ROOM ORIENTATION

2009
NESHAMINY
FOOTBALL
CAMP



JULY 6TH - 10TH
8:00 AM - 12:00 PM

ALL PLAYERS
ENTERING GRADES
3 THROUGH 10
WELCOME TO ATTEND

GENERAL INFORMATION

CAMP OBJECTIVES

IT IS OUR GOAL TO GIVE EACH PLAYER A BETTER UNDERSTANDING OF FOOTBALL, BUILD SELF-CONFIDENCE AND EXPOSE THEM TO THE FUN AND EXCITEMENT OF NESHAMINY FOOTBALL.

THE PROGRAM

THIS IS A FIVE DAY CAMP. INSTRUCTORS WILL CONSIST OF HEAD COACH MARK SCHMIDT AND THE NESHAMINY HIGH SCHOOL VARSITY FOOTBALL STAFF. IN ADDITION, PLAYERS WILL RECEIVE INSTRUCTION FROM COLLEGE ATHLETES AND CURRENT NESHAMINY FOOTBALL PLAYERS.

DAILY ARRIVAL

ALL PLAYERS ARE ASKED TO REPORT TO THE FIELD BETWEEN 7:45 AM AND 8:00 AM EACH DAY. CAMP WILL BEGIN PROMPTLY AT 8:00 AM AND END AT 12:00 PM EACH DAY.

ELIGIBILITY

ANY STUDENT WHO WILL BE IN GRADES 3 THROUGH 10 DURING THE 2009-10 SCHOOL YEAR IS INVITED TO ATTEND.

FACILITIES

ALL PRACTICES AND INSTRUCTION WILL TAKE PLACE AT THE NESHAMINY HIGH SCHOOL FOOTBALL COMPLEX.

EQUIPMENT

PLAYERS SHOULD ARRIVE DRESSED TO PRACTICE IN A T-SHIRT, SHORTS, AND CLEATS OR RUNNING SHOES.

COST

THE TOTAL COST IS \$120 PER PLAYER. COST INCLUDES DAILY INSTRUCTION AND A NESHAMINY FOOTBALL CAMP T-SHIRT. FAMILIES WITH MORE THAN ONE CAMPER MAY DEDUCT \$20 FOR THE SECOND CHILD AND \$40 FOR THE THIRD CHILD.



DUE TO THE LARGE NUMBER OF PARTICIPANTS, ADVANCE REGISTRATION IS REQUIRED. REGISTER BY 06.15.09 TO ENSURE CORRECT T-SHIRT SIZE.

CAMPER INFORMATION

CAMPER: LAST FIRST

ADDRESS: STREET

CITY STATE ZIP

() TELEPHONE NUMBER DATE OF BIRTH

GRADE IN FALL '09 SCHOOL

ALLERGIES/MEDICATIONS

EMAIL ADDRESS (IMPORTANT!)

T-SHIRT SIZE: (CIRCLE ONE)
ADULT SIZES ONLY
S M L XL XXL

PAYMENT

CHECK # _____ OR CASH
TOTAL AMOUNT ENCLOSED \$ _____

NOTE: PLEASE MAKE ALL CHECKS PAYABLE TO "NESHAMINY FOOTBALL ASSOCIATION"

PLEASE MAIL REGISTRATION FORM AND PAYMENT TO:

NESHAMINY FOOTBALL ASSOCIATION
1015 LORIEN DRIVE
LOWER GWYNEDD, PA 19002

SEE BACKSIDE FOR PARENT/GUARDIAN AUTHORIZATION